

SOFWAVE PRE CARE

Before Your Treatment

- Arrive to your appointment as directed and do not wear makeup or apply any active ingredients to the skin the morning of treatment
- Your therapist will cleanse the skin and apply a topical numbing cream to the area, which will stay on for 30 minutes
- If pre-agreed, pain relief may be given - advice on when and how to take will be given on use on a case by case basis

24 Hours Prior:

- All male or excessively dark facial hair needs to be shaved

1 Week Prior:

- Discontinue use of tretinoin, retinol, Vitamin C and all other active products

2 Weeks Prior:

- Avoid all Botox, filler, or facial treatments
- Do not attend if you have had a recent coldsore, cold, flu, infection or vaccination. You must wait 2 weeks after any of these and be feeling well before having treatment

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