

# IPL PRE CARE

## Before Your Treatment

- Do not use fake tan on the area being treated. If you have any tan, real or fake when you attend your appointment you will be asked to reschedule.
- If you have an active coldsore, please contact us to reschedule.

### 3 Days Prior

- Please do not use any vitamin A based products or acid washes for 3 days prior to your IPL appointment. Other active products such as hydroquinone, AHA's, benzoyl peroxide should also be avoided.

### 5 - 7 Days Prior:

- Avoid electrolysis, depilatory (hair removing) creams, waxing and laser hair removal

### 4 - 6 Weeks Prior:

- You should refrain from UV exposure 4-6 weeks before starting a course of IPL. If you feel you are still tanned prior to your appointment please reschedule.

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