

IPL POST CARE

After Your Treatment

For 24 Hours:

- You may experience slight redness and swelling in the treated area. This should subside within 24 hours post treatment
- Avoid make-up for the remainder of the day
- Avoid hot saunas, swimming and facial scrubs or facial massages

For 48 Hours:

- Avoid retinol, tretinoin, exfoliators and fake tan

For 2 Weeks:

- Avoid any medical grade/active treatments

For 3 Weeks:

- Avoid excessive sun exposure and tanning. You should also refrain from tanning for 3 weeks prior to your next IPL treatment

Ensuring you are using the correct products will enhance the results of your IPL treatment. An antioxidant and/or pigment suppressor will work brilliantly alongside your SPF to achieve your goals.

Please note; following our post care guidelines will help to ensure that your treatment is successful, maximise results and minimise the risk of unwanted side effects.

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