

# HYDRA FACIAL POST CARE

## After Your Treatment

### For 24 Hours:

- To keep the area clean, avoid extreme heat sources such as saunas, and cardio workouts that may produce sweat
- You may wash your face the following morning using the products by your professional skin care therapist
- Makeup may be applied the day after treatment

### For 48 Hours:

- Avoid any exfoliation to the area
- You may wash your face the following morning using the products by your professional skin care therapist

### For 2 Days:

- Please refrain from using any topical retinol/retinoid/glycolic/salicylic acid
- We will discuss products suited for your skin that will help patients enhance and prolong their results

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